

Practical Counselling Schedule for Certificate Course in Home Based Health Care at Chennai site, IGNOU 2023

Study centre: Madurai

Programme code: CHBHC

Total number of credits: 10

Course code	Course Topics	No. of hours	Date	Timing	Counsellor
CNS-HC-001	Introduction to Home based care	8 hours	18.11.2023	8am – 4pm	Sangeetha G
CNS-HC-001	Basics in Home based care	8 hours	19.11.2023	8am – 4pm	Gayathri
CNS-HC-001	Communication and Sensitization	8 hours	20.11.2023	8am – 4pm	Sangeetha G
CNS-HC-001	Dos and Don'ts in Home based care	8 hours	21.11.2023	8am – 4pm	Gayathri
CNS-HC-001	Interpersonal relationship in the community	8 hours	22.11.2023	8am – 4pm	Sangeetha G
CNS-HC-001	Measurement of Vital elements at home I	8 hours	23.11.2023	8am – 4pm	Gayathri
CNS-HC-001	Measurement of Vital elements at home II	8 hours	24.11.2023	8am – 4pm	Sangeetha G
CNS-HC-001	Hands on training I	8 hours	25.11.2023	8am – 4pm	Gayathri
CNS-HC-001	Hands on training II	8 hours	26.11.2023	8am – 4pm	Sangeetha G
CNS-HC-001	Prevention and Control of Infections at home	8 hours	27.11.2023	8am – 4pm	Gayathri
CNS-HC-001	First aid at home	8 hours	28.11.2023	8am – 4pm	Sangeetha G
CNS-HC-001	Introduction to body systems	8 hours	29.11.2023	8am – 4pm	Gayathri
CNS-HC-001	Care for the elderly and Children at home	8 hours	30.11.2023	8am – 4pm	Sangeetha G
CNS-HC-001	Dietary management	8 hours	01.12.2023	8am – 4pm	Gayathri
CNS-HC-001	Care for pregnant female	8 hours	02.12.2023	8am – 4pm	Sangeetha G
CNS-HC-001	Personal hygiene at home	8 hours	03.12.2023	8am – 4pm	Gayathri
CNS-HC-001	Administration of medicines at home	8 hours	04.12.2023	8am – 4pm	Sangeetha G
CNS-HC-001	Supportive care and follow-up	6 hours	05.12.2023	8am – 2pm	Gayathri
Total		142 hours	18 days		